

RETHINKING RELATIONSHIPS: BOUNDARIES, BALANCE AND BELONGING

Join us for a meaningful conversation about boundaries, belonging, and finding balance in healthy relationships.



**Vegetarian meal,
prizes and giveaways**
**NOMINAL ADMISSION
FEE APPLIES**

**REGISTER
HERE**



or at positiveliving@canadacca.ca

**SATURDAY
SEPTEMBER 19th, 2026
2:30PM EDT**



YOGI SRINIVAS ARKA
Philosophical Author,
Founder of Centre for Conscious Awareness (CCA)
Worldwide Charities
(‘Pre-recorded talk’)



REBECCA MAY
Registered Psychotherapist
RP #18034
MyLife Counselling
Guest Speaker



AVA CALVIERI
Student, Bachelor of Commerce, University of Guelph
Event Co-ordinator, CCA-Canada



MACKENZIE WILLIAMS
Student, Bachelor of Arts, University of Guelph
Marketing Specialist, CCA-Canada

Peter Clark Hall
University Centre
Basement - Level 0
University of Guelph
50 Stone Road East
Guelph, Ontario, N1G 2W1



*“Love is a healthy driving force.
Without the expression of love,
life can be a drought.”*
Srinivas Arka

SUPPORTERS



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Matters



York Region Women's
Foundation



For Youth
Initiative



Jack.org
Guelph



Srinivas
Arka