

BODY, MIND AND SPIRIT WELLNESS FAIR

- Educational and Enlightening Fair for Seniors
- Professional Community Service Vendors
- Complimentary Light Lunch
- Incredible Raffles and Giveaways (Including grocery gift cards)
- Live Music
- Make Like-minded Community Connections

**SATURDAY
MARCH 21ST, 2026
10:30AM EDT**

ADMISSION FEE WAIVED
ALL ARE WELCOME

Register for in-person

HERE



or at positiveliving@canadacca.ca

Livestream at YouTube 



**Vellore Village Community Centre
Cafetorium
1 Villa Royale Avenue
Woodbridge, Ontario, L4H 2Z7**



YOGI SRINIVAS ARKA

Philosophical Author,
Founder Centre for Conscious Awareness (CCA)
Worldwide Charities

*"Condition the body, discipline the mind,
expand the intellect, humble the ego
and free the heart."*

~Srinivas Arka

Funded in part by the
Government of Canada's
New Horizons for Seniors Program

Canada