



CENTRE FOR  
**CONSCIOUS**  
AWARENESS  
CANADA



LIGHT OF LEARNING  
PROGRAMME

# DO IT ANYWAY! RISING ABOVE FEAR

Interactive workshop on understanding  
the psychology behind fear.



**Complimentary  
early dinner,  
prizes and giveaways.**

**ADMISSION FEE WAIVED**

**REGISTER  
HERE**



or at [positiveliving@canadacca.ca](mailto:positiveliving@canadacca.ca)



**YOGI SRINIVAS ARKA**

Philosophical Author,  
Founder of Centre for  
Conscious Awareness (CCA)  
Worldwide Charities  
(Pre-recorded talk)



**JESSICA FRANEY**

Youth Administrative Co-ordinator  
CCA-Canada

**SATURDAY  
JANUARY 24<sup>th</sup>, 2026  
2:30PM EST**

*"Fear is the negative expression of the mind,  
whereas courage shows the strength of the heart."*

*~Srinivas Arka*

Peter Clark Hall  
University Centre  
Basement - Level 0  
University of Guelph  
50 Stone Road East  
Guelph, Ontario, N1G 2W1



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