



CENTRE FOR CONSCIOUS AWARENESS (CCA) - CANADA

POSITIVE LIVING

Depression Awareness Program



Photo by
Emma Lee

Topic:
*Music Therapy -
Powerful way to
impact mental health*

Guest speaker:

Aaron Lightstone

MMT, RP, MTA, NMT-F

*Music Therapist Accredited,
Registered Psychotherapist*

Sunday February 27th, 2022

This is an online only webinar | Admission Fee Waived

Time: 2:00pm to 3:00pm EST

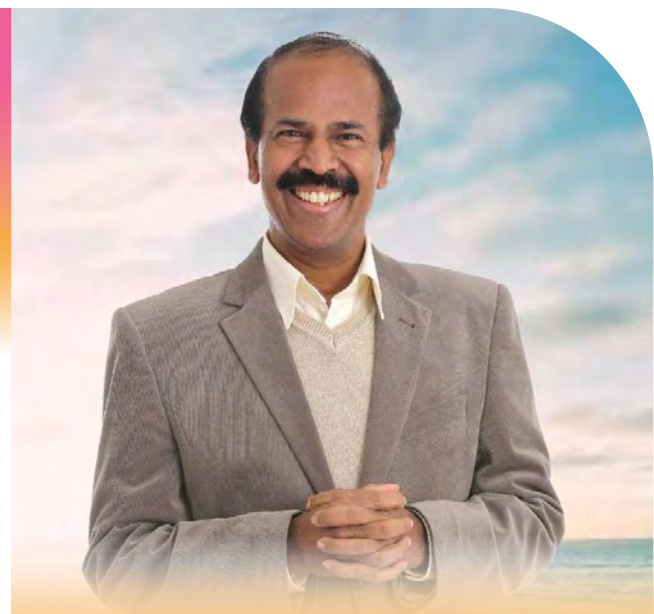
- Understand neurological and physiological impact.
- Live music demonstration.
- Intuitive Meditation
Demonstration by CCA-Canada.

Please kindly [register here](#) to receive
the webinar details or at www.canadacca.ca

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Canada 



*"Therapeutic aspect of music
can be used to assist and
enhance the healing process
with respect to many physical
and mental ailments."*

Srinivas Arka, Founder,
Centre for Conscious
Awareness Global