

Arka Dhyana

INTUITIVE MEDITATION

For balance, focus, energy, relaxation...

“You are more than you think. You are more than you believe”.

Upcoming Fundamentals Course

Introductory: Sun Oct 16, 2011
Level 1: Sun Oct 23, 2011
Level 2: Sun Nov 13, 2011
Level 3: Sun Nov 20, 2011

Fairview Library

35 Fairview Mall Dr. Toronto, ON M2J 4S4
(Don Mills and Sheppard)

4th floor, Room A
1:45pm to 3:15pm

Regular Intro Class: \$20, Regular Fundamentals Package Fee (all 4 classes): \$70
Student/Senior Intro Class: \$10, Student/Senior Fundamentals Package Fee (all 4 classes): \$35

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